

Coach Pederson of Batavia High & Coach Young of Churchville-Chili Present:

# Western New York Premier **HOCKEY DEVELOPMENT CAMP**



Join us **August 24<sup>th</sup> – 28<sup>th</sup>** at the Faletti Ice Arena in Batavia from **9:00am – 3:00P.M.**

## **CAMP AGENDA INCLUDES:**

- 20+ hours of on ice training for **Forwards, Defenseman** and **Goalies**
- Off ice isometric and plyometric training with resistance band technology
- Instruction on nutrition and muscle recovery from NYS certified physical and health education instructors.

All levels are welcome!

Register on or before July 15<sup>th</sup> - \$200.00

Register after July 15<sup>th</sup> – \$220.00