



# Learn to Skate / Beginner Hockey

at the Scottsville Ice Arena

1800 Chili-Scottsville Rd

by Monroe County Youth Hockey

Visit our websites at [www.MCYH.net](http://www.MCYH.net) or [www.ScottsvilleIceArena.com](http://www.ScottsvilleIceArena.com).

## **Beginner/Initiation Program (Entry Level)**

The objective of this program is for children ages 4 to 8 with little or no experience to learn the basic fundamentals of Ice Skating. Emphasis will be balance, stopping, starting forwards/backwards, turning and other developmental skills. Follows U.S.A. Hockey guidelines.

**Option 1:** \$200.00\* for 20 Hours Instruction (20 consecutive weeks/1 session per week)

Monday @ 5:30 pm **or** Saturday @ 1:00 pm (*except 10/10 at 4pm*) **Start date: October 10.**

**Option 2:** \$400.00\* for 40 Hours Instruction (20 consecutive weeks/2 sessions per week)

Monday @ 5:30 pm **and** Saturday @ 1:00 pm (*except 10/10 at 4pm*) **Start date: October 10.**

In addition to the MCYH fee, there is a \$33 USA Hockey Fee

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## **Thunder Bear Teams (Recommended for second year skaters)**

The objective of this program is for children ages 4 to 8 with advanced skating ability to begin to learn the game of hockey. Emphasis will be on basic skills such as stick handling, shooting, passing and the game of hockey. There will be an evaluation of each player and placement on a team. Each team will have a head coach and will play an organized schedule of games.

\$520\* for 2 sessions per week (1 practice and 1 game per week)

In addition to the MCYH fee, there is a \$33 USA Hockey Fee

Saturdays at 12 noon & Sundays at 2 pm **Start date: November 7.**

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### **All Registrations must be completed online as follows:**

- 1) Register with USA hockey (\$33) at [www.usahockeyregistration.com](http://www.usahockeyregistration.com) for the 2009-2010 season. A major credit card is required.
- 2) Upon successful completion of USA Hockey registration, a confirmation page will be emailed to you. Email this page to [MCYHRegistrar@GMAIL.com](mailto:MCYHRegistrar@GMAIL.com)
- 3) Pay MCYH fees at [www.MCYH.net](http://www.MCYH.net). A major credit card is required.
  - a. Beginners are First Come First Serve
  - b. Thunderbears must register by September 30. \$50 late fee after September 30

Information session at Scottsville Ice Arena on Saturday September 26, from 10-11am.

**Beginner equipment and skate packages are available at the Pro Shop at the Arena**

Contact us at 889-1810 ext 3 or Kevin & Ann Marie Clar @ 889-9470 or [kclar3@rochester.rr.com](mailto:kclar3@rochester.rr.com)

**MONROE COUNTY YOUTH HOCKEY**  
**Information on the Beginners/Initiation Program at Scottsville Ice Arena**  
**2009 – 2010**

**The Beginner program runs from October 10, 2009 for 20 weeks. Ice times are Saturdays from 1-2 pm and Mondays from 5:30-6:30pm. Your child can sign up for Saturday or Monday or both, for a total of either 20 or 40 sessions.**

Children will be separated into three groups on the ice:

- Skating experience
- Some skating experience (introduce more skating skills )
- Advanced skating experience (introduce hockey skills)

Some beginner skaters may not last the entire hour, but as they learn more and their attention span continues to increase, their skill level will also.

Most children should be able to skate by themselves after the first 3-4 sessions.

Equipment Required: Skates, Stick, Neck guard, H.E.C.C. approved helmet with facemask, elbow pads, Shin/knee pads, hockey gloves or heavy mittens, hockey pants are recommended (since they fall quite often) but if a child does not have hockey pants, snow pants will do.

The Pro Shop at the Scottsville Ice Arena (SCIA) has beginner packages available - with professional fitting included.

Parents of beginners are not allowed on the ice or to sit on the bench. If parents would like to volunteer on the ice, they should have some skating and hockey experience and be willing to become a certified coach.

Parents are welcome to sit in the “Warm Room” upstairs, the bleachers, Rink Side snack bar area, or the Top Shelf Grill, also upstairs. All areas offer great viewing of the ice.

For more information you can leave a message at the rink at 889-1810 ext. 3 or you can call the program directors, Kevin & Ann Marie Clar at 889-9470.